

## Applications to Be Used

For our online programs, we will be using the “Zoom” video conferencing system software (free). We ask that first-time users refer to steps 1-3 shown below getting ready to use “Zoom,” so that they can fully enjoy the experience.

### (1) Installing Zoom (free)

Download the “Zoom” app from the download page shown below and follow the steps to install. No sign-up (new registration) or upgrade to the paid version of “Zoom” is required for participation in our online programs.

- **For PC users**

Click on the “Zoom Client for Meetings” link shown below to download the software.

<https://zoom.us/download>

- **For tablet users**

For iPad users, download the app from the App Store.

<https://itunes.apple.com/subscribe?app=music&at=1010IRXM&ct=72127dc7-e18f-4f30-9e5c-64e7a83d6822>

For other tablets, download the app from Google Play.

<https://play.google.com/store/apps/details?id=us.zoom.videomeetings>

### (2) Holding a “Zoom” test meeting

You can hold a “Zoom” test meeting by clicking on the link below.

We recommend that you try the basic operations before participating in any of our online programs.

<https://zoom.us/test>

### (3) Connecting to the Internet

Participants will be responsible for bearing any costs regarding Internet connectivity.

We recommend that you use an Internet connection that allows for unlimited data usage.

**Recommended connection speed: at least 2-3 Mbps**

**Estimated data usage per hour: approx. 300 MB-1 GB**

You can also use “Zoom” at speeds lower than the recommended speeds, as “Zoom” will automatically adjust the image quality to match your connection speed. If you want high-quality video, however,, we recommend a stable Internet connection that is faster than the recommended speed.

The data usage varies greatly, depending on the program content and your data communications environment.

Please understand in advance that the actual data usage may exceed these estimates.

## Frequently Asked Questions and Answers

### “Zoom”-related FAQs

#### **Q. I can't download “Zoom.”**

A. Please try the following methods.

- Download the app after restarting your computer or tablet.
- Use a different Internet browser to download.
- Change the settings of your security software and download.

If the above does not help, please contact the Help Center on official “Zoom” website.

“Zoom” official website and Help Center

<https://support.zoom.us/hc/ja>

#### **Q. Do I need to sign up for “Zoom”?**

A. No sign-up is required. Simply install “Zoom” and join the online program without having to sign up.

#### **Q. I'm not sure if I'll be able to figure out how to use “Zoom.”**

A. If you're new to “Zoom,” we recommend that you try a test meeting.

This gives you an opportunity to use the features of the app beforehand, so that you can participate without worries in the online program.

Zoom official website and test meeting

<http://zoom.us/test>

**Q. I don't know how to configure or operate “Zoom.”**

A. Unfortunately, we cannot provide individual help/support regarding the detailed configuration and methods of using “Zoom.”

For more on settings and how to operate the app, please visit the official “Zoom” website from the link below.

Zoom official website and Help Center

<https://support.zoom.us/hc/ja/categories/200101697>

**Q. Do I need a special-purpose camera or microphone?**

A. No additional equipment is required for laptops or tablets as long as with built-in cameras, microphones and speakers. Note that it will be easier to hear the voices of the instructors and other participants if you use earphones while participating.

**Q. If I participate in an online program, won't this eat up a lot of data on my data plan?**

A. The typical amount of data used in an hourly online program is generally somewhere between 300 MB to 1 GB. Please note, however, the actual data usage may exceed these estimates.